**Client Side Importance – Rory**

Graphical user interface

Description automatically generated with medium confidence

**Description**

This displayed the name and date of the clients next workout

**Ranking**: 9 / 10

**Comments**: Important for all clients, keeps them on track

Icon

Description automatically generated

**Description**

This displays the clients daily steps for the day against the goal set by the Trainer feeding in from their fitbit

**Ranking**: 5 / 10

**Comments**: Important for half of clients, not relevant to all clients



**Description**

This displays the clients sleep ranking from the night before feeding in from their fitbit

**Ranking**: 8 / 10

**Comments**: Recovery is key to good performance

Icon

Description automatically generated

**Description**

This displays the clients live heart rate feeding in from their fitbit

**Ranking**: 5 / 10

**Comments**: Again, only important for half of clients

Graphical user interface, text, application

Description automatically generated

**Description**

This displays the clients current intake for the day, along with the macros of each meal

**Ranking**: 10 / 10

**Comments**: Very important when managing clients

Text

Description automatically generated with low confidence

**Description**

This displays the clients total calories for the day against the goal set for them by the trainer

**Ranking**: 10 / 10

**Comments**: Very important when managing clients